

# RECOMMENDED GEAR

## Camping on Île aux Lièvres

- Your camping equipment, as light as possible depending on the location of your site
- Your clothes, chosen according to the weather forecast
- Hiking boots or shoes
- First aid kit
- Mosquito repellent and sunscreen
- Medications
- Headlamp
- Matches or lighter
- Multi-function tool and/or small repair kit
- Cell phone and charging unit
- Garbage bag for bringing back all your waste

Please note that you are responsible for independently transporting your equipment to your site.

It is therefore better to carry everything on your back to the sites of les Cèdres, l'Anse à la Boule and les Bélugas.

The campers staying at La Plage are the only ones who have access to wheelbarrows to transport their equipment (limited quantity, first-come first served basis)

- Water bottle to transport your water
- Chlorine, iodine or other purification tablets to treat water for les Cèdres, l'Anse à la Boule and les Bélugas
- Stove and cooking fuel (the amount of driftwood available is variable, it is better not to rely on it for cooking food)
- Other kitchen equipment according to your needs
- Your food for the duration of your stay

**\*\*This list is only a general recommendation of basic gear to have on hand, be aware that you are going in a natural and isolated environment, so make sure to bring enough warm clothing \*\***

